

Learning Prep School

May 2019

Lunch Menu

Prices: Breakfast and Lunch are available each day.

All meals served with 1% white or chocolate skim milk. Menu subject to change.

Alternate Lunch Choices each Day: Toasted Cheese Sandwich, Garden Salad with Chicken (T-F) or Greek Salad(T-F)

Breakfast Choices each Day: Cheerios GF, Blueberry Muffin, or Toasted Bagel with Cream Cheese, Fruit, Milk.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Macaroni and Cheese Peas Fruit	2 Sausage, Egg, and Cheese on a Whole Wheat Bagel/English Muffin Home Fries Juice	3 ½ Day
6 Hamburger, Cheeseburger or Veggie Burger Fries Fruit	7 Pork Enchiladas Rice Beans Fruit	8 Stuffed Shells Salad Bread Stick Fruit	9 Chicken and Waffles Fruit	10 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
13 Pulled Pork Sandwich Potato Salad Fruit	14 Chicken Quesadillas Refried Beans Fruit	15 ½ Day	16 Chicken Teriyaki Broccoli Rice Fruit	17 Meat/Cheese/Veg Calzones made on Whole Wheat Crust Marinara Fruit Carrot Sticks
20 Swedish Meatballs Buttered Noodles Green Beans Fruit	21 Breakfast Burrito Sweet Potato Home Fries Fruit	22 Pasta with Meat or Marinara Sauce Spinach Fruit	23 Orange Chicken Rice Peas Fruit	24 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice
27 Memorial Day No School	28 Ground Beef Tacos Spicy Corn and Bean Salad Fruit	29 Asian Chicken and Noodles with Vegetables Fruit	30 Roasted Turkey Mashed Potatoes Corn Fruit	31 Cheese or Specialty Pizza Whole Wheat Crust Carrot Sticks Vinaigrette Juice

This institute is an equal opportunity provider. Please inform your server if you have any food allergies.

