



Tuesday, October 25, 2016

Reminder - 8th Grade Parent Orientation Tonight!

Parents of all current 8th grade students are invited to attend an orientation on **Wednesday, October 26th from 6:00 P.M. – 7:00 P.M. in the cafeteria.**

We are excited about helping your children move into the High School next year, and we look forward to meeting them and making them feel more comfortable with this important rite of passage. The support provided for this transition makes it very successful for most students. During orientation, we will provide you with information that will facilitate your child's transfer into 9th grade, and afterwards you will take a tour of the High School.

Here are some of the points we will be covering during orientation:

- Transition to the High School
- Student Orientation in June
- Behavioral Expectations
- Homework
- Notebooks
- Testing Schedule
- Grading
- Scheduling
- Work Study

Save the Date

October 26

8th Grade Parent Orientation

October 28

HS Pumpkin Weight Guess

MS Halloween Social

HS Halloween Dance

October 31

ES Trip to the Movies

November 2 - 4

HS MCAS Retest

We hope you will be able to join us on **Wednesday, October 26th** for orientation. If you have any questions, please contact **Cynthia Manning**, High School Principal, at cmanning@learningprep.org or **(617) 965-0764, ext. 300**. We look forward to working with you and getting to know your sons and daughters!

Grandparents & Grandfriends Day Attracts Record Attendance

Junior Avi Weiner and his grandmother, Beverly, were among the nearly 190 grandparents, friends and family who attended the Grandparents & Grandfriends Day on October 19th and 20th. Students and their guests enjoyed a delicious catered breakfast and heard presentations from administrators and faculty, including a PowerPoint presentation from the school's new librarian, Karen Mekanui, who described new technologies and database resources that the new Library Media Center will offer.



Important Messages from the Nursing Office

Detailed Calendar of Events

<http://www.learningprep.org/Calendar>

Visit the new and improved Learning Prep Website!

www.learningprep.org

Contact Us

To submit news, comments, and events, please email lpsnewsletter@learningprep.org



Follow LPS on Twitter at @LearningPrep

As the leaves change and temperatures begin to drop, please make sure that your child comes to school with a jacket. All students must bring their jackets to lunch. They will go outside for recess if the weather allows. They also need their jackets to walk to the gym. Thank you for your attention to this matter.

Staying healthy during cold and flu season can be challenging. Here are some helpful tips for your entire family:

- Wash your hands. Frequent hand washing, using soap and warm water, can eliminate germs.
- Alcohol-based hand sanitizers are ok to use when your hands aren't visibly dirty, and/or you don't have access to a sink.
- Cough or sneeze into a tissue or your elbow, not your hands.
- Avoid touching your hands to your nose or mouth.
- Get plenty of sleep. Sleeping eight hours a night allows your body to keep up its defenses.
- Drink Water. Staying hydrated helps with flushing your system, improves digestion, removes phlegm from your airway and helps fight fatigue.
- Take time to exercise. Regular exercise helps to keep up your stamina.
- Don't forget your flu shot. Flu shots are being offered in your pediatrician's office, health clinics, and local pharmacies.
- Eat well and take your daily vitamins. Studies show that eating foods high in Vitamin C, Vitamin A and Zinc help to fight colds.
- Take time to relax. Meditation or just "down time" helps decrease stress.

If your child gets sick, here are some guidelines to follow. It is the policy at Learning Prep School to keep a child at home if s/he has:

- a fever over 100 degrees Fahrenheit during the past 24 hours
- a cold in the active stages: disruptive coughing, running nose, sneezing
- a sore throat and/or swollen neck glands
- an undiagnosed rash or skin eruption
- vomiting or diarrhea during the past 24 hours

It's important to stay home, get rest and to avoid spreading the illness. Please let your child's school know if you are keeping your child home because of illness.

Please refer to our [Learning Prep website](#) for the Flu Guide. If you have any questions or need to reach the Nursing Office, you can reach us at **617-965-**

0764 x410.



Learning Prep School Fall Greenhouse

The greenhouse is open for a visit or a purchase. Come in and see what the students are working on and growing. It has been a successful season for our garden-to-table program with over 500 lbs. of vegetables harvested and prepared by the Food Service program. During the past three years this program has grown over 1,500 lbs. of vegetables for the school lunches!

Get Out and Plant! Perennial Plant Sale

The nights are cool and the days are warm. Fall is the best time to plant your garden so it is ready for spring enjoyment. Beat the drought and plant your garden with native perennials, hardy plants, and edible perennials from our nursery and greenhouse. Prices range from \$2.00 - \$5.00.

Perennial Plant Swap!

Too many plants and not enough room in your garden? Do you have unique, interesting or tried and true plants that need to be divided? Pot them up and bring them in, and in turn we will give you a perennial plant back.

Hours:

Monday: 8:00 A.M. - 2:30 P.M.

Tuesday: 8:00 A.M. - 2:30 P.M. (Closed 12:45 P.M. - 1:30 P.M.)

Wednesday: 8:00 A.M. - 2:30 P.M. (Closed 12:00 P.M. - 12:45 P.M.)

Thursday: 8:00 A.M. - 2:30 P.M. (Closed 12:00 P.M. - 12:45 P.M.)

Friday: 8:00 A.M. - 2:30 P.M.

Stay Connected with LPS!

We continue to update the website with new information about upcoming events, the parent newsletter, and our family and teacher directories. The directories are useful communication tools to reach other parents, a teacher or a staff member at Learning Prep. These directories are accessible by parent login only. The current LPS newsletter and archives are also accessible on the site in the password-protected area.

Use the primary parent e-mail address, you provided to LPS during the summer registration process, to login. If you did not provide one, or are not sure which e-mail you provided as the primary, please don't hesitate to call **Peggy at 617-965-0764** or e-mail **Debby Worcester** at dworcester@learningprep.org.

Directions for login:

1. Visit www.learningprep.org
2. Click the blue box in the upper right.
3. If you have never logged in or have forgotten your password, click the "Forgot Password" link under the login and follow the directions.
4. Login with the primary e-mail address provided to LPS during registration and your password.
5. Once you are logged in, click "Parents" in the blue navigation bar and then "Parent Resources." When you are logged in you will see the directories and the newsletters listed here.

Family Directory:

The directory is a tool to support family communication. The information published in the directory is general address and contact information. Our policy is to obtain express approval to publish your contact information in the directory. If your family is not visible in the directory and you would like it be visible only to other LPS parents, please send us your approval.

Any questions about the web site can be directed to **Barry Burlingham** at bburlingham@learningprep.org.

Attention Senior Graduating Class of 2017 . . .

Below is some initial information regarding the yearbook for the students in the Class of 2017. We will post more information as the school year progresses.

If they choose, each student in the class of 2017 has the opportunity to use a portrait picture taken by a photographer/studio, other than the school photographer, as their school picture in the yearbook. Pictures must be submitted in the form of a PRIVATE photo share website or REPLAY IT app (instructions were given to the students in school), emailed to kscorzella@learningprep.org, or any size picture, to Kaitlin Scorzella no later than **November 18, 2016**. If we do not receive an alternate school picture by the due date, we will use the picture in the yearbook that was taken at school.

Also, students in the class of 2017 have the option of creating their own page in the yearbook. The deadline to submit pictures for this page is **November 18, 2016**. The pictures may also be submitted in the form of the website or REPLAY IT app, emailed to the above email address, or any size picture to Kaitlin Scorzella. After pictures are submitted, students will be able to create their pages with the assistance of a yearbook advisor.

In January, we will notify parents by mail about another special section of the yearbook. Letters will go out to them. If you have any questions or concerns, please feel free to call **Kaitlin Scorzella at ext. 213**.

Research Study Participants Needed

The Benson-Henry Institute for Mind Body Medicine at the Massachusetts General Hospital is conducting a research study evaluating the benefits of a videoconferencing resiliency program for parents who have children with learning disabilities. They are recruiting parents from all over the United States to take part in this virtual, 8 week, 1-1.5 hour a week parent group, and complete questionnaires for the study.

They are offering a virtual-delivery resiliency program to parents of children with learning disabilities. The program teaches relaxation techniques, stress awareness, and problem-solving skills to help cope with the stressors of parenting children with learning disabilities.

You will receive up to \$40 worth of gift cards for participating in the study.

If you join this study you will be asked to:

- Participate in a virtual resiliency program
- Complete surveys to monitor your progress in resiliency training

If you have a child whose primary diagnosis is a learning disability, you may be eligible to participate.

If your child also has a severe emotional or physical disability, you may not be eligible to participate.

If you are interested in hearing more about this study, please contact ParentalStressStudy@Partners.org or contact **Emma Chad-Friedman** at EChadFriedman@partners.org, the project coordinator.

www.bensonhenryinstitute.org



Learning Prep School is an innovative school for students with language and learning challenges. Understanding that language skills are the basis for all learning, LPS's unique curriculum integrates the teaching of language skills in all subjects.

1507 Washington Street | West Newton, MA 02465 | (617) 965-0764 | info@learningprep.org